



Metabolic Code®
unlock your healthiest you

Quest Labs Integrated into the Metabolic Code® Report

The following is a comprehensive list* of all the Quest labs that are currently integrated into the Metabolic Code® Report. Most of the labs listed below are included in our Silver, Gold, Platinum panels.

Please note that you must select at least the Silver panel in order to get a comprehensive Metabolic Code® Report.

If you need assistance or have questions please submit a help ticket by filling out the form on the [Support Page Here](#).

*Labs integrated into the report are subject to change.

Visit the [Metabolic Code® Knowledge Base](#) to learn more about how to place lab orders.

Quest and Physicians Lab Test Markers Assessed by the Metabolic Code Report	
% Iron Saturation	
Albumin	
Albumin/Globulin Ratio	
Adiponectin	
Apo B	
ALP	
ALT	
ANA	
AST	
Basophils %	
Bilirubin	
BMI	
BP (systolic)	Only if entered in biometrics
BP (diastolic)	Only if entered in biometrics
BUN	
Calcium	
Chloride	
Cholesterol (total)	
CO2	
Cortisol (serum)	
Creatinine	
CRP-hs	
DHEA-S serum	
DHEA saliva	
DHT serum	
DHT urine	
GFR	
Eosinophils %	
Estradiol urine	
Estradiol serum	
Estrone urine	
Estrone serum	
Estriol urine	
Ferritin	
Fibrinogen	
Folate	
FSH serum	
Gliadin Deaminated Peptide Ab (IgG)	
Gliadin Deaminated Peptide Ab (IgA)	
GGT	

Globulin	
Glucose (fasting)	
Glutathione (total)	
Hemoglobin A1c	
Hematocrit	
Homocysteine	
HDL	
Hemoglobin	
Histamine	
IGF-1	
IGF Binding Protein 3	
IL-6	
Insulin	
Iron	
Iron binding capacity	
Leptin	
LDH	
LDL	
CardioIQ® LDL-P	
LH serum	
CardioIQ® Lp(a)	
CardioIQ® Lp-PLA2	
Magnesium (Serum)	
MCH	
MCHC	
MCV	
Methylmalonic Acid	
MMP-9	
MPV	
MSH	
Myeloperoxidase	
Monocytes %	
Phospholipids	
Platelets	
Potassium	
Pregnanediol urine	
Progesterone serum	
Prolactin	
Protein	
PSA (% free)	
PSA (total)	

Pulse	Only if entered in biometrics
RBC	
RBC Selenium	
RBC Magnesium	
RBC Chromium	
RBC Zinc	
RDW	
pH (salivary)	Only if entered in biometrics
pH (urinary)	Only if entered in biometrics
SHBG	
Sedimentation Rate	
Sodium	
TGF-Beta 1	
TNF-alpha	
T3 Free	
T4 Free	
T3 Total	
T4 Total	
Reverse T3	
Testosterone (free) FMV	First Morning Void
Testosterone (free) 24hr	
Testosterone (free) urine	
Testosterone (free) serum	
Testosterone bioavailable	
Testosterone (total) serum	
Thyroglobulin Antibodies	
Thyroid Peroxidase Antibodies	
Triglycerides	
TSH	
VEGF	
VIP	
Vitamin B12	
Vitamin D	
WBC	
Uric Acid	
16 alpha-hydroxyestrone	
2 methoxyestrone	
2 hydroxyestrone	
4 hydroxyestrone	
2:16 ratio	

E Quotient	
Methylation ratio	
Total Estrogen Load	
Cortisol salivary Morn	
Cortisol salivary Noon	
Cortisol salivary Evening	
Cortisol salivary Bedtime	
Cortisol urine 1-1st Morn	
Cortisol urine 2-Mid-Morn	
Cortisol urine 3-Mid-Day	
Cortisol urine 4-Eve	
Cortisol urine 5-PM	